



HOWZAT!



The Rotary Club of Newlands

The Club that Appeals



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Apologies before 10:00 on a Monday to Heidi Andersson, please.

COMMENT: FEBRUARY: PEACE and CONFLICT RESOLUTION MONTH (Roy Zazeraj)

The Rotary theme for February contains words we know well. Words that we allow to flit through the brain as we casually move on to more pressing or interesting thoughts. Much like when we recite the Four Way Test. We don't necessarily engage with the words or give any actionable thought to them. After all, what can we do about promoting peace and preventing or resolving conflict? That's for the heavy hitters. Will the theme even be meaningfully discussed at a Rotary meeting in February or a guest speaker invited to discuss the subject?

But we can each make a difference - we have a lot more influence than we realise. It is not only about hostility and violence between large groups of people (as persistent and harming as that can be). Common forms of conflict can occur within an individual – i.e. what happens in your own head, between individuals, between an individual and a group, between groups in organisations, between countries etc. We all have various roles in life (e.g. brother, parent, wife, friend, choir member, colleague, employee, employer, Rotarian). In all these roles we are having an influence, whether consciously or not, whether good or bad. Within our own circles of influence we can set out to understand the initiators of conflict and take the many little steps needed to prevent or resolve conflict. Every positive step can make a contribution towards a more understanding and peaceful co-existence - at all levels of our daily interactions.

Conflict can be defined as a “clash of interests, values, actions, opinion or personalities”. It can arise from a disagreement over anything – different paradigms, opinions, resources, interests, expectations etc. It is internally characterized by indecision, dilemma, uncertainty, tension, emotion, anxiety, anger and so on. Externally it can manifest in debate, disagreement, argument, harsh words, withdrawal and even open hostility. We experience versions of all this daily.

But hey - conflict happens – like it or not, it is normal! We live in a complex, competitive, speeded-up world and have conflicting views constantly bombarding us. Some conflict can even be good. But we know that, badly handled, conflict does have adverse consequences. So it is worth preventing in the first place, where possible. When conflict is becoming evident, it helps to have the understanding and skills to manage it to a constructive conclusion – avoiding any adverse consequences.

Tips to effectively prevent or manage conflict would require another article. For now let's understand that there are two components to conflict. Firstly, the FACTS (the factual differences between the parties) and secondly, the FEELINGS (the perceptions, emotions on both sides). We need to deal with both for a successful outcome. Here are some useful strategies to employ:

- Create a bond (even with an adversary)
- Establish genuine dialogue and negotiate
- Work through the issue (calmly and respectfully, listen)
- Understand what is causing the conflict
- Use the law of reciprocity (“if you do this for me, I’ll do this for you”)
- Build a positive relationship (even if you continue to disagree on certain things)

You will see that the Four Way Test plays an important part in all of the above. Why not reread them carefully. Oscar Wilde was not quite in the spirit of things when he cynically suggested “Forgive your enemies. Nothing annoys them so much”. If we can each get better at constructive daily interactions there is little doubt that everyone stands to benefit. Go on, do your bit for peace and conflict resolution.

MINUTES of the ORDINARY MEETING (10TH February 2020)

Scribe: Johan Beukman

Sergeant Richard House called the meeting to order and requested President Terry to welcome the guests, Chippy Burnett, guest speaker Rob Russell, Brett Tilley, Patricia Beetblad, Otto James and all Newrots.

President Terry then requested everyone to stand for a moment of silence in memory of Bob Goode, Wendy Goddard’s husband who passed away over the weekend after a long illness.

Sergeant Richard then called on Richard Burnett to do the Four-Way Test and Heidi Anderson to do the Grace as well as the toast to Rotary International.

The Wooden Spoon is still with Chris Beech.

Graham Lowden then did the wine raffle which was won by Jenny Howard.

Sergeant Richard then called on Graham Lowden to introduce our speaker Rob Russell, a retired Air Traffic Controller, who entertained us with a very interesting talk flavoured with many bits of humour.

Rob presented his talk in two sections:

1.The history of ATC in South Africa and 2.Taking us on a ‘flight’ as well as killing a few rumours from social media.

In 1981 when Rob joined the Department of Transport as a trainee, ATC did not charge for their services and therefore battled with old equipment until 1994 when the airports were commercialised. ATC became Air Traffic and Navigations (ATNS) and were now able to charge very good fees for their services and able to purchase the best equipment available.

Their services are standardised worldwide and monitored by the International Civil Aviation Association (ICAO) who determine standards and recommended practices. The world is divided into Flight information regions of which RSA has three and is responsible for approximately 10% of the world’s airspace and provide services such as Controlled airspace, Uncontrolled airspace, Information services ie where other aircraft are flying and Search and Rescue services provided to any aircraft that needs help at any time and which is free.

In the old days, towns put their names on hills and mountains above them so pilots could see where they were going. That system progressed to HF/shortwave radio which progressed to VHF and radar which is what most countries use. The next stage is Satellite Controller pilot data link communication.

Training to qualify as an Air Controller is approximately 5 years and is conducted in-house at the academy at Johannesburg airport followed by ongoing on-the-job training and annual assessments by senior instructors.

Then Rob took us on a 'flight' and we had to be the pilots. We had to deal with sign on aspects, pre-flight clearance, ground control, aerodrome control, departure controller, area control, approach, approach control and the aerodrome controller.

"Ladies and gentlemen, thank you for flying Kalula. Thank you for that wonderful round of applause after the perfect landing I performed. Enjoy your stay in Johannesburg. Goodbye."

At this stage, Sergeant Richard took control of the situation again and requested Tony Davidson to thank Rob for his contribution to the meeting.

Some questions were taken.

Dinner and fellowship was enjoyed.

After dinner the following spots were done:

- Andre Peille related to an incident in town of someone who was certainly not a Newrot now or in the past and that we should use discretion when we get rid of any old or unused regalia and clothing.
- Richard Burnett introduced Patricia Beetblad and Otto James who both completed an internship with the Hospitality industry as part of their studies.
- John Stephenson addressed the club again regarding the Mentorship programme which he manages and appealed for more people to get involve as mentors.
- Chris Beech reminded members who are involved with the CTCT of the following important meetings at the CTCT Trust boardroom:
 - 18th February Sector Marshalls briefing
 - 19th February Refreshment Station Managers
 - 25th February Mini Sweeps briefing from 16h30 to 18h00.

Next up the President's slot:

- President Terry thanked Rob Russell again.
- He wished Otto and Patricia well with their studies and future endeavours. Also thanked Richard Burnett for his involvement and assistance.
- Mentioned various advertisements as well as the various Rotary friendships/movements in the *Howzat!*.
- Thanked Jeannine for getting involved in the CTCT at managerial and organizational level.
- Reminded us of the CTCT meetings and briefings.
- Birthday wishes for Glynis Menné-Hart 10th Feb; Di Booth 11th Feb; Liz Sessions 13th Feb

Sergeant Richard did happy Rands, read out the duties for next week and closed the meeting.

FORTHCOMING EVENTS



OFFICE CHAIR GRAND PRIX

ROTARY CLUB OF GREATER CAPE TOWN

DO YOU HAVE WHAT IT TAKES TO KEEP UP?
 Inspired by the Japan Chair Race and Formula Grand Prix we look forward to hosting the first ever CEO Office Chair Grand Prix.

BLOOD, SWEAT BUT NO TEARS

THE MECHANICS?
 Enter as a team of 4 racers. A 1km circuit with a swap of team members at the half way point.

Race Details: Compete against 10 Contestants in 4 heats and then the FINAL. Dress up and have FUN.

LOGISTICS
 Date: Friday, 21st February 2020
 Time: 16:00pm - 18:00pm
 Location: SeaPoint Promenade
 Team Structure: Team of 4 racers
 Course: 1 km circuit with a swap of team members at the half way point.
 Cost: R10 000 per team
 *More details upon application

Gartenfest - Garden Party

Saturday, 29 February 2020 | 12:00 - 18:00
 GERMAN AMBASSADOR'S RESIDENCE | 3 GLASTONBURY DRIVE | BISHOPSCOURT

Liebe Freunde, dear Friends,
 We would like to invite you to our annual 'Rotary Am Kap Gartenfest'.

Rotary Am Kap is the German speaking Rotary Club in Cape Town and organises this 'Gartenfest' to generate funds for educational projects in and around Cape Town.

Our biggest project, The Hangberg Pre-Primary School, continues to receive our support and so too do scholars from Sea Point and Khayelitsha Manyano High Schools where we run Rotary Interact Clubs.

JOIN US FOR A FUN AFTERNOON WITH:

- Real Draught Beer & Chilled Wine
- German 'Steaksur' Sausage
- Vegetarian Quiches and Salads
- Delicious Cakes and Pastries
- Cool drinks and Coffee
- Bouncing Castle and other children's activities
- Live Music with 2 great bands
- Raffle with great Prizes
- plus our famous 'Blind Auction'

We look forward to welcoming you - Wir freuen uns auf zahlreiche Teilnahme

REGISTER AND BOOK ONLINE AT: <https://iqlt.io/gardenparty2020>
 ENTRANCE: via QUICKET: R100 OR EINTRITT | ON THE DAY: ADULTS R120.00
 CHILDREN under 16 FREE | Keine Tiere | No pets allowed



Musiquelaine SA
CFLAT Youth Jazz Festival
 Sun 1st March 2020 at 16.00
 Steenberg High School, Corner Orchestra Street and Symphony Avenue, Steenberg
 RSVP: jfrancis@musiquelainesa.co.za

World Rotaract Week

9-15 March 2020



Rotary Club of Cape of Good Hope

13th DRAGON BOAT REGATTA

Imperial Yacht Club Promenade Road – Zandvlei. Lakeside

Saturday 21 March 2020
@ 09h00 – 15h00

UMPIRES and SCORERS

	17 February 2020 Ordinary	23 February 2020 Business	2 March 2020 Partners
Sergeant	Graham Lowden	Jamie Hart	Richard Burnett
Four-Way Test	Tony Davidson	Shân Biesman-Simons	Tinus de Jongh
Grace and Loyal Toast	Corinne Hudson	Glynis Menné-Hart	Wybe Meinesz
Attendance	Geraldine Nicol	Michael Walwyn	Melinda Stapleton
Fellowship	Wendy Goddard	Jenny Ibbotson	Graham Lowden
Minutes	Shelley Finch	Pieter van Aswegen	Richard House
Intro speaker	Andy Ismay		Chris Beech
Thank speaker	Jeannine Ibbotson		Johan Beukman
Comment	Janey Ball	John Stephenson	Nora See



BIRTHDAYS	18 February	Lungie Gwaai-Nzube
	22 February	Vanessa Rousseau
ANNIVERSARIES	21 February	Pieter and Judy van Aswegen

WOODEN SPOON	Chris Beech
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FUTURE FIXTURES

FEBRUARY: PEACE and CONFLICT RESOLUTION MONTH

- 17 Ordinary Meeting:
Speaker: Heather Hope, "A Life Unshackled" / STEP Student Presentations
- 18 CTCT Sector Marshals' Information Meeting
- 19 Board Meeting
CTCT Refreshment Station Managers' Information Meeting
- 25 CTCT Sweep Managers' Information Meeting
- 24 Business Meeting

MARCH: WATER and SANITATION MONTH

- 2 Partners' Meeting
Speaker: [Marlene Silbert](#), on programmes of [The Holocaust Centre](#), the [Jewish Museum](#), and the [Interfaith Intercultural Youth Programme](#)
- 8 [Cape Town Cycle Tour](#)
- 9 Ordinary Meeting: War Stories
- 16 Ordinary Meeting
- 18 Board Meeting
- 20 Masikane (11h00)
- 23 Business Meeting
- 30 Ordinary Meeting

APRIL: MATERNAL and CHILD HEALTH MONTH

- 6 Partners' Meeting and Vocational Evening
- 13 No Meeting (Family Day)
- 15 Board Meeting
- 20 Business Meeting
- 27 Ordinary Meeting
- 30 District 9350 POETS (Melkbosstrand)

MAY: YOUTH SERVICE MONTH

- 1 District 9350 Assembly (Melkbosstrand)
- 1-2 District 9350 Conference (Melkbosstrand)
- 4 Partners' Meeting and Youth Evening
- 11 Ordinary Meeting
- 18 Ordinary Meeting
- 20 Board Meeting
- 25 Business Meeting

JUNE: ROTARY FELLOWSHIPS MONTH

- 1 Partners' Meeting
- 1-5 [Rotary International Convention](#) (Hawaii)
- 8 Ordinary Meeting
- 15 Ordinary Meeting
- 17 Board Meeting
- 22 Business Meeting
- 29 Ordinary Meeting

OFFICE BEARERS

President	Terry Lancaster	Environment	Tony Davidson
President-Elect	Jenny Ibbotson	International Service	Jenny Ibbotson
Past President	Jenny Howard	Membership	Graham Finlayson
Secretary	Glynis Menné-Hart	New Generations	Vanessa Rousseau
Treasurer	Peter Ennis	Public Image	Shelley Finch
Club Services	Heidi Anderson	Rotary Foundation	Mike Walwyn
Community Service	Corinne Hudson	Vocational Service	Jeannine Ibbotson
Entrepreneurial	John Stephenson		

QUOTE of the WEEK

*“An eye for an eye will only make the whole world blind.”
- Mahatma Gandhi -*

AND THE LAST WORD

