



HOWZAT!



The Rotary Club of Newlands

The Club that Appeals



| | |
|-----------|---|
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Apologies before 10:00 on a Monday to Heidi Andersson, please.

COMMENT: OF WHEELCHAIRS and READING (Graham Finlayson)

You may have seen the social media posts about our Club distributing wheelchairs to other NGO's and individuals. Here is some background to this:

President Terry received an email enquiry from the Rotary Club of Melkbosstrand, which stated: "Through the Margot Pickard Trust our Club has received a donation of wheelchairs from the Wheelchair Foundation and are thus making these available for distribution via Rotary Clubs in the District. If your Club is aware of anyone in need of a wheelchair please contact... "

Terry requested a few of us to enquire through our contacts, namely past projects, whether there was a need for wheelchairs by those who could not afford them. We received a number of grateful responses requesting wheelchairs. Some of the chairs were collected by the recipient organisations and the remainder were collected by Terry and I one Tuesday morning, and were eventually delivered to *MasiCorp* and *Die Eiland Huis*.

In the end our Club facilitated the handover of 30 wheelchairs. The RC Melkbos member handing out the chairs said the project had been a great success and nearly all the 160 wheelchairs available were allocated.

On other Diverting Matters for Reading:

Here are some speculative thoughts.

The post from Richard Burnett about 'What if you were born in 1900...' made me think about my father's life – you see he was born in 1905 and my recollections are that he was a very stern personality.

In late 1800's - 1878 - the town Ponovitz/Panavetz, wherefrom my paternal grandfather originated, would have been inside the Russian Empire border. I thought it was the Prussian Empire, and it appears others thought it was Poland. There were regular major wars in Europe and changes to borders in the 1800's, particularly around Poland/Eastern Europe.

Prominent was Napoleon's influence in the early 1800's, the famous one being his failed invasion across Europe on Moscow in 1812, when he marched over 500,000 soldiers and less than 25,000 made it back - there is a particularly interesting book worth reading: **1812: Napoleon's Fatal March on Moscow**: by [Adam Zamoyski](#). This failure of Napoleon's was the beginning of the end for him. He disrupted the grip of all the ruling monarchies in Europe, albeit they were re-established after his demise by a peace treaty for a relatively short period of +/- 50 years. During this period along came the Industrial Revolution, around 1850 which led to much disruption once again, particularly for the poorer folk.

Between 1870 and 1900 around 12 million immigrants made it to North America from Europe and the British Isles - possibly the largest human migration ever. The British were at the centre of this both geographically and capacity-wise. They took good advantage of this migration, due to their supremacy of the seas with their Royal Navy and merchant fleets. A fabulous read is **This Thing of Darkness** by Harry Thompson – all about the HMS Beagle voyages and its Captain Fitzroy in the mid 1800's – Charles Darwin has a part in it. If you prefer a lighter read, about cricket with some English humour, then his other book **When Penguins Stopped Play** is a must read.

I digress.

Glasgow was a prominent ship building centre, where my grandfather arrived in the UK in +/- 1890. The immigrants to the New World caught boats which often ran into trouble with rough seas en-route, needing some repairs. The captains would dock in the British ports, such as Glasgow and Liverpool, for repairs and to take on provisions. Many of the passengers had had enough, and when they got to Glasgow or Liverpool, requested to disembark and were granted immigrant status by the British. Bear in mind, this was all prior to the 1913 – 1919 WW1 (accounting for 20 million deaths and 21 million casualties) and the 'Spanish Flu' (accounting for anywhere between 50 million and 100 million deaths).

This all basically destroyed the feudal system / rule of the monarchies and was the catapult for the developments around the rivalry between free-market principles, dominant in Western Europe, and communism, in Eastern Europe. Those who were fortunate enough to have immigrated to the New World would have been in a more favourable position than those who had stayed behind in Europe, considering the developments during WW2 in Europe (accounting for 75 – 80 million deaths).

If Hitler and his generals had had the fortune to read the aforementioned book, of how Napoleon had failed in his efforts to conquer the Russian Empire, the events around WWII may have turned out very differently, and we may all be speaking German today.

I hope you get to read the 3 books and enjoy them as much as I did.

MINUTES of the ORDINARY (ZOOM) MEETING, 20th July 2020, 18h15

Scribe: Henry Campbell

Sergeant Richard House opened the meeting of 35 participants. The club sang a Zoom 'happy birthday' to Terry. While it was a good idea the result was

Andy Ismay lit the Peace Candle supported by a few Mandela quotes by Pieter van Aswegen.

President Jenny welcomed speaker Jeremy Opperman, Menno and Lizelle de Wet, and Judith Coetzee from the Cape Society for the Blind.

Mike Walwyn said the five-way test and Terry said grace and led the toast to Rotary International.

The wooden spoon is still with Janey.

Ian Pursch introduced speaker Jeremy Opperman. Jeremy was born with a deteriorating eye condition and was blind at an early age. He graduated from UCT and runs a consultancy focused on the integration of disabled people in a holistic way.

Jeremy's talk for the evening was titled "Brussel Sprouts and Sleeping Giants".

Jeremy told various stories illustrating on how we should be engaging when dealing with matters related to disabled persons. Our focus should firstly to ask 'why' then follow that with matters of the 'head' and then concluding by using the 'hand'. The 'why' calls for proper engagement, which requires the removal of 'barriers' and paradigm change.

Lucky was employed in a Vodacom call-centre when he applied to be call centre manager with MTN but could not access the building to attend the job interview even though MTN considered him to be the ideal person for the job.

When engaging we should do so with knowledge of the problem as we tend to approach these with preconceived ideas. Society has muddled along for generations. For example, there is no proper over-arching legislation for disability in this country and our history in dealing with matters such as HIV, race and gender is not good. We see that more than 20% of persons in developing countries are disabled. Lifestyles in developing countries cause many disabilities, like motor vehicle accidents. Employment is very low at 1%.

Do not take a disabled person at face value, for example, Jeremy is a very competent DIY person in spite of his disability.

During question time it was noted that proper legislation has been in the making for more than 20 years; educating the young is important but do not perpetuate old thinking and the invisible disabled people are numerous.

Christopher Beech thanked Jeremy for a very good talk.

Spots:

- Vanessa, speaking on behalf of the public image/membership hub asked all to forward news of the club to her so that they could give it the correct PR.
- Melinda called for speakers; she needs a speaker for the 3rd August. She advised that she would be circulating information regarding the quiz evening with Rosebank Club.
- Glynis called for ideas for keynote speakers at the proposed Lions tour rugby dinner next year. There were suggestions of François Pienaar, Nick Mallet, Ian McCallum and Jonathan Kaplan.
- Wendy attended the Rotaract Conference and reported that Rotaract Clubs would be considered as standalone Clubs in future. There would no longer be an age limit; they would have to pay dues commencing in 2021 and they would be able to apply for global grants.

President's Slot:

President Jenny reported that Corinne is taking leave of absence for 6 to 12 months. She advised that John was doing well and that we are all happy to see Jana at the meeting. Jenny suggested that the

cats and dogs pets that attend the meetings should pay dues. Wendy and Jana are having birthdays during this week. John Winship and Lorraine celebrated an anniversary and Tony had joined Rotary during this week some years ago.

Happy Rands were collected and the meeting was closed.

NEWLANDS ROTARY CLUB NEWS

Newlands is way too busy for the Ed's good. Our first business meeting of the year was barely done (and fabulously recorded by scribe, Nora See) and still the stories kept coming, like:

- There's word from "Hope House" (passed on by Corinne) of the deployment of their new pool pump, an effort funded by Terry's President's Challenges, and Lew's uptake of the opportunity. Drop a note to the Ed if you'd like a copy; it's a warm and very lovely read;
- John Winship sent a fine update on the progress at [Philisa Abafasi Bethu](#), another project in which Corinne played a significant role. More on this, next week;
- Wheelchairs continue to be delivered, most recently by our Rotaractors, who shared fabulous pics with our WhatsApp group;
- Environment champion, Tony Davidson, shared a fabulous WhatsApp video reporting on our partnership with RC Good Hope;
- And advice was shared on where to get your driver's licence renewed and how to cope with biometric testing.

MORE ROTARY NEWS



Looking for some Rotary regalia? You can get a whole lot from our DSC – the District Services Centre – but if you want just a little bit more, try the merchandise store, [here](#). You can even pick up a customised South Africa branded Rotary [facemask](#)!

And really, you need to get up to speed on our new RI President, whose first month in office is just about up. RIP Holger Knaack is a member of the Rotary Club of Herzogtum Lauenburg-Mölln, Germany, and is an atypical Rotary president, not just because he wears jeans and eschews ties much of the time. He is also RI's first German president, and came to that position in untraditional fashion. Read more, [here](#).

FUTURE FIXTURES *(Online, for the time being.)*

JULY

27 Business Meeting

AUGUST: Membership and Extension Month

3 Partners' Meeting
 Speaker Austin Leak (Beyond Coffee)

10 No Meeting (Public Holiday, Women's Day)

17 Ordinary Meeting
 Speaker DGE Ian Robertson *"Rotary in Africa"*

19 Board Meeting

24 Business Meeting

31 Ordinary Meeting
 Speaker Styli Charalambous, CEO and Publisher of The Daily Maverick, *"The changing media environment and Maverick Citizen: Exploring concepts of good citizenship."*

UMPIRES and SCORERS

| | 27 July 2020 <i>Business</i> | 3 August 2020 <i>Partners</i> | 10 August 2020 <i>Public Holiday</i> |
|-----------------------|---------------------------------|----------------------------------|---|
| Sergeant | Heidi Andersson | Shân Biesman-Simons | |
| Moderator | Vanessa Rousseau | Janey Ball | |
| Four-Way Test | Wendy Goddard | Tony van der Lith | |
| Grace and Loyal Toast | Geraldine Nicol | Johan Beukman | |
| Attendance | | | |
| Fellowship | | | |
| Minutes | Glynis Menné-Hart | Lew Botha | |
| Intro speaker | | Jamie Hart | |
| Thank speaker | | John Stephenson | |
| Comment | Bill Holland | Chris Beech | |

If you cannot make this duty, please arrange a substitute and let the Sergeant know.



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|----------------------|--|------------|
| BIRTHDAYS | | |
| ANNIVERSARIES | | |
| JOINED ROTARY | | |
| WOODEN SPOON | | Janey Ball |

CLUB OFFICE BEARERS



President
Jenny Ibbotson



Past President
Terry Lancaster



Treasurer
Peter Ennis



Secretary
Janey Ball



Environment Chair
Tony Davidson



ECD Project
Geraldine Nicol



Vocational Service
Jeannine Ibbotson



Foundation Chair
Mike Walwyn



Club Services
Heidi Andersson



Youth Service
Wendy Goddard



International Service
Shân Biesman-Simons



Entrepreneurship
John Stephenson



Community Services
Wybe Meinesz



Vanessa Rosseau



Graham Finlayson



Shelley Finch

----- **Membership & Publicity Cluster** -----



AND the LAST WORD

“Food glorious food, Hot sausage and mustard, While you’re in the mood, Cold jelly and custard.”
- *Oliver, in Lionel Bart’s musical of the same name* –

Are you missing our yummy Monday meals at Western Province Cricket Club? Of course you are. But, here’s happy news. You can eat your fill *and* support our lovely catering team by ordering for delivery, or collection. Here are the menus (and there are fresh or frozen options, nog!).

TO ORDER: WhatsApp Julia on 082 447 6746 before 16h00 for next day delivery (include address)
Free Delivery within 5km of WPCC | R30 per delivery >5km or <R100



Eat at Home Freezer Meals

Main Meals

| | 300g | 500g | 1kg |
|---|------|------|-------|
| Microwave and oven safe. Remove the lid first. | | | |
| 1. Mac 'n Cheese | R 45 | R 80 | R 160 |
| 2. Mac 'n Cheese with Bacon | R 55 | R 95 | R 180 |
| 3. Spaghetti Bolognese | R 55 | R 95 | R 180 |
| 4. Butter Chicken Curry | R 55 | R 95 | R 180 |
| 5. Chicken ala King with Rice | R 55 | R 95 | R 180 |
| 6. Beef Curry with Rice | - | R 95 | - |
| 7. NEW Country Beef Stew with Rice | - | R 95 | - |
| Microwave only. Remove the lid first. | | | |
| 8. Pea & Ham Soup | R 40 | R 80 | |
| 9. Beef & Veg Soup | R 40 | R 80 | |
| 10. Creamy Tomato | R 40 | R 80 | |
| 11. Tuscan Bean & Sausage Soup | R 40 | R 80 | |
| 12. NEW Moroccan Beef & Chickpea Soup | R 40 | R 80 | |

Accompanying Dishes

| | |
|---|-------------------------------|
| Best warmed in the oven. Remove the lid first. | |
| Sides R 35 per 300g | Puddings R 45 per 300g |
| 13. Butternut | 17. Malva Pudding |
| 14. Sweet Potato | 18. Chocolate Pudding |
| 15. Creamed Spinach | 19. Ginger & Apricot Pudding |
| 16. Glazed Carrots | |

Homemade Daily

| | | |
|---|---|--|
| Muffins R 15 each | Buy Any 5 Muffins Get 1 Free | Nibbles R 15 each |
| <ul style="list-style-type: none"> Chocolate Bran Carrot | <ul style="list-style-type: none"> Banana Cappuccino & Almond Date & Pecan | <ul style="list-style-type: none"> Chocolate Crunchies Cranberry & White Chocolate Crunchies Fudge Chocolate Chip Biscuits |

Menu is subject to availability

TO ORDER: WhatsApp Julia on 082 447 6746 before 16h00 for next day delivery (include address)
Free Delivery within 5km of WPCC | R30 per delivery >5km or <R100



Eat at Home Fresh Daily Meals

WEEK 12 | 27 - 31 July 2020

| | 300g | 500g | 1kg |
|--|------|-------|-------|
| Monday | | | |
| 1. Chicken Cacciatore (Tomato, Olives, Basil) + On a Bed of Pasta | R 55 | R 95 | R 180 |
| 2. Chicken Trinchado | R 55 | R 95 | R 180 |
| 3. Veg Roasted Courgette Cacciatore | R 55 | R 95 | R 180 |
| Tuesday | | | |
| 4. Chilli Con Carne with Mexican Rice (Mild) | R 55 | R 95 | R 180 |
| 5. Chicken & Basil Pesto Pasta | R 55 | R 95 | R 180 |
| 6. Veg Cherry Tomatoes, Feta & Basil Pesto Spaghetti | R 55 | R 95 | R 180 |
| Wednesday | | | |
| 7. *Roast Lamb, Mint, Roasted Potatoes & Vegetables | R 90 | R 190 | R 280 |
| 8. Roast Chicken with Roasted Potatoes & Vegetables | R 55 | R 95 | R 180 |
| 9. Veg Stuffed Roast Peppers | R 55 | R 95 | R 180 |
| Thursday | | | |
| 10. Chicken & Spinach Cannelloni | R 55 | R 95 | R 180 |
| 11. Asian Style Pork Ribs with Stir Fry | R 55 | R 95 | R 180 |
| 12. Veg Spinach & Mushroom Cannelloni | R 55 | R 95 | R 180 |
| Friday | | | |
| 13. Fish Cakes Served Savoury Rice | R 55 | R 95 | R 180 |
| 14. Cajun Chicken Wrap | R 55 | R 95 | R 180 |
| 15. Veg Veggie Wrap | R 55 | R 95 | R 180 |

Microwave Safe | Remove Lid | *Premium Option
Menu is subject to availability of fresh ingredients

Phone early and phone often, but please do leave something for those of us who collect from other suburbs.

See you on the moro....